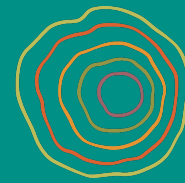


# TEA - TALK & PLEDGE WALL

time to change  
time to  
talk day  
07/02/19

let's end mental health discrimination



Shuttlewood  
Clarke  
Foundation

ULVERSCROFT GRANGE,  
WHITWICK ROAD,  
ULVERSCROFT, LEIC,  
LE67 9QB

THURSDAY 7 FEBRUARY  
10AM TO 12NOON

Join us for tea - and make a pledge  
to change the way we think about  
mental health

[www.shuttlewood-clarke.org](http://www.shuttlewood-clarke.org)  
Telephone 01530 244914



#timetotalk



Run by

