



Wellbeing Wednesdays at Ulverscroft Grange Tearoom 11.00am - 2.00pm

2nd September

Shilpa will be here to chat about their services, family support and care packages



16th September

Whitwick & District u3a will be here for a chat about about their activities to improve health & wellbeing



30th September

Meet the team from the Rural Community Council for information, advice, equipment, support and referrals to specialist services.

9th September

Marcus will be here to chat about his Infinite Sound Medicine sessions at Ulverscroft Manor



23rd September

Come and meet Andy - your local health and social care champion

