



**Ulverscroft
Grange**

Shuttlewood
Clarke
Foundation

Wellbeing Wednesdays at Ulverscroft Grange Tearoom 11.00am - 2.00pm

Wednesday 15th April

Meet Megan from
Mesothelioma UK to find out
how they support patients
and their families.



Wednesday 22nd April

Come and chat with Andy to
get practical information on
bone health.



Wednesday 29th April

Jo will be here to talk about
the support and activities on
offer at the Loughborough
Wellbeing Centre.

