



**Shuttlewood
Clarke
Foundation**

Registered Charity 803525

May 2022

We are delighted to confirm that Ulverscroft tearooms, charity shops, walks, nature trails, and deer park will be open every Saturday from the beginning of April.

Free parking at the Grange offers the flexibility to explore the dog-friendly field walks, browse the charity shops or treat yourself to breakfast, lunch, or light refreshments in the tearoom!

Explore the beauty of Ulverscroft Manor, visit the deer park or bring the children to explore the woodland trails. Our Discovery Den located a short walk away in the Manor grounds hosts a wide range of resources, including trail maps, activity sheets and information. We would be delighted to welcome you for your weekend wellbeing boost!

Shuttlewood News

Free Parking

Dogs welcome in our stableyard and outdoor seating areas

Deer
Park



**Ulverscroft
Grange**

Shuttlewood
Clarke
Foundation

Nature
Trails

Wellbeing at the Weekend

Ulverscroft Grange, Whitwick Road, Ulverscroft, Leicestershire, LE67 9QB

From April we are **OPEN**
Every
Saturday

10.00am - 4.00pm

**Tearoom
Walks
Charity Shops**



Registered Charity 803525

Telephone 01530 249484

Support | Friendship | Wellbeing | Education

Our walk maps are now available from Ulverscroft Manor and Ulverscroft Grange! You are welcome to enjoy the woodland trails and field walks: -

Monday – Saturday 10.00am – 4.00pm.

Have you visited our deer park yet?
Ulverscroft Manor is home to a herd of red



**Shuttlewood
Clarke
Foundation**

Welcome to
**Ulverscroft
Grange**

Part of



**THE NATIONAL
FOREST**

Ulverscroft Grange, Whitwick Road,
Ulverscroft, Leicestershire, LE67 9QB
Tel 01530 244914
www.shuttlewood-clarke.org



**Shuttlewood
Clarke
Foundation**

Welcome to
**Ulverscroft
Manor**

Part of



**THE NATIONAL
FOREST**

Ulverscroft Manor, Priory Lane,
Ulverscroft, Leicestershire, LE67 9PH
Tel 01530 244914
www.shuttlewood-clarke.org

Charity of the Year

We are delighted to announce that Rothley Park Golf Club Captains have confirmed Shuttlewood Clarke Foundation as joint Charity of the Year. Simon Green and Libby Carter are serving a two-year term of office at the club and expressed their keenness to support a local and worthy cause.

Funds raised will support the shelter project, which will transform an area of overgrown inaccessible woodland, into a practical outdoor learning space.

This fantastic area will be utilised by schools and groups to enhance visits to the Foundation's Yew Trail outdoor classroom at Ulverscroft Manor.

Thank you for your support!

Rothley Park Golf Club Shelter Project



Ladies Charity Lunch Tuesday 22nd March



smile.amazon.co.uk

Don't forget to sign up to Amazon Smile to raise funds for the Foundation!

AmazonSmile is a simple and easy way for us to receive a quarterly donation from Amazon on all eligible purchases, and it doesn't cost us anything! You can support the Foundation by clicking on www.smile.amazon.co.uk, choosing Shuttlewood Clarke Foundation as a beneficiary and continue to shop Amazon as you would normally.

Please remember to shop through the smile website link every time, as this is how the donations are generated. You can bookmark the page to make it easier to remember! Thank you for your continued support. Happy Shopping!

Ulverscroft Activity Centre
and Ulverscroft Manor,
Priory Lane, Ulverscroft,
Nr Markfield, Leicestershire,
LE67 9PH



**Shuttlewood
Clarke
Foundation**
Registered Charity 803525

Support Thursday

Support Thursday

Refreshments available

10.00am - 3.30pm

Drop in to socialise, have fun and
reenergise your body and mind

Meditation

Relaxation

**Seated
Yoga**

Mindfulness

Support Groups



Shuttlewood Clarke Foundation ::
Support Thursdays
shuttlewood-clarke.org

For more information and for session prices, dates and times please call
Kathleen Wass on 07860 639693 or email kathleen@shuttlewood-clarke.org

Support | Friendship | Wellbeing | Education
www.shuttlewood-clarke.org

Our free drop-in sessions take place every Thursday, 10.00am to 3.30pm, and offer the opportunity to socialise, have fun and reenergise your body and mind!

Ulverscroft Manor is an inviting and homely place set in beautiful, tranquil grounds! Support Thursday is an inclusive, supportive group and welcomes people with any disability or illness, arthritis, ME, MS, stroke, cancer, Parkinson's, fibromyalgia, anxiety, depression etc. Partners, carers, and PAs are also welcome.

Refreshments are available and include a selection of light lunches and homemade cakes and scones.

For more information regarding the sessions please contact Kathleen Wass on 07860 639693.

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the latest
news
here!!**



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email!



**Ulverscroft
Manor**

Shuttlewood
Clarke
Foundation

Registered Charity 803525

Ulverscroft Activity Centre, Ulverscroft
Manor, Priory Lane, Ulverscroft,
Leicestershire, LE67 9PH

Bluebell Walk

This begins at the Activity Centre car park. You can drive there or alternatively use the linking path between the Grange and the Manor. If you walk from the Grange, follow the main drive to the Activity Centre. Start at the Activity Centre car park and follow the signs and way markers. The way markers are red and white tape tied to poles. You should wear strong shoes.

Discover a carpet of blue from Thursday 28th March, when the bluebells transform the woodland at Ulverscroft Manor.

The bluebell route will begin at the Activity Centre car park. You can drive there or alternatively use the linking path between the Grange and the Manor.

If you walk from the Grange, follow the main drive to the Activity Centre.

Start at the Activity Centre car park and follow the signs and way markers. The way markers are red and white tape tied to poles. You should wear strong shoes.

Ideal venue

Our stableyard is the perfect space for celebrating with loved ones, meeting with colleagues, or enjoying a laid-back lunch with friends. An open, accessible, and welcoming space is at the heart of our courtyard area, with seating to accommodate up to 18 people it is the ideal venue for a larger gathering in our popular tearoom.

We are delighted to offer our space for afternoon teas, breakfast meetings, or larger lunch bookings. For more information, please call 01530 249484.

