

The Shuttlewood Clarke Foundation

The Shuttlewood Clarke Foundation is a charity that exists to provide activities, education, well-being services, friendship and advice to those that need them most. The Foundation was conceived by and through the selfless generosity of its founder; the late David A Clarke. The simplicity of what the Foundation offers is what makes it unique and as we expand and develop our work in the years to come David's vision will always be at the heart of what we do.

Our Values

Looking forward – Through the activities and services that we provide, we give many people something to look forward to.

Doing something different – introducing our visitors to stimulating activities and enabling them to develop new life skills through education and participation.

Freedom to belong – we are inclusive and make it easy for people to find a sense of belonging through an open community where they will find a common bond with others.

A home, away from home – we provide a change of environment and different surroundings that are designed to inspire and energise our visitors but in which they feel immediately at home and entirely comfortable.

The Shuttlewood Clarke Foundation. Registered Charity 803525
Administration Address: Ulverscroft Grange, Whitwick Road, Ulverscroft
Leicestershire LE67 9QB. 01530 244914 Email: hello@shuttlewood-clarke.org
www.shuttlewood-clarke.org

**Support
Friendship
Wellbeing
Education**



Supporting the Foundation

Room Hire

All of the Foundation's venues are available to hire. Please contact us for more information.

Fundraising

Throughout the year the Foundation holds a number of fundraising events, for more information please visit the website.

Regular Donation

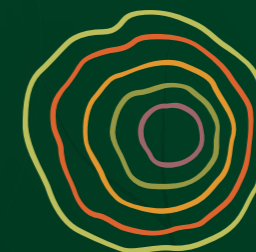
Perhaps you might like to become a Friend of the Foundation and consider supporting our work with a monthly donation by Standing Order. Regular donations make a tremendous difference to our work and we are extremely grateful for any support you are able to give. If you are able to help please contact us for a form.

Corporate Partnerships

The Foundation would be delighted to work with your organisation as a corporate partner through sponsorship or volunteering. Please contact us for further information.

Volunteering

Our wonderful team of Volunteers and Staff support the varied and extensive work of the Foundation. Volunteers work in-house, in the tea rooms, in the charity shop, in the gardens, at events and as buggy drivers.



**Shuttlewood
Clarke
Foundation**

**Support, Friendship,
Wellbeing & Education**



Telephone: 01530 244914 Website: www.shuttlewood-clarke.org

Registered Charity Number 803525

Ulverscroft Grange Community Support and Wellbeing Centre

Ulverscroft Grange, Whitwick Road, Ulverscroft, Leicestershire, LE67 9QB

10.00a.m. – 4.00 p.m. Monday – Friday

The Grange welcomes; individuals, couples, carers, partners and groups!

- Grange Tea Rooms – A real community hub where groups, individuals, carers, couples and families can meet and enjoy company in beautiful, friendly surroundings.
- Charity shops – Stocking a diverse range of quality pre loved donated and brand new goods, including clothes toys and household items.
- The Stable Yard Gallery – provides an area for local artists and photographers to display their individual work on a monthly basis.
- Sensory Garden & decked patio area – Wheelchair friendly pathways.
- Our Golf buggies are available to take our less mobile of visitors for a wonderful tour of the grounds. They operate from both the Grange and the Manor.
- Woodland Walks - To Access these walks park at the car park at Ulverscroft Grange on Whitwick Road, Ulverscroft. The walks are open Monday to Friday 10.00am – 4.00pm. All gates along the pathways will be locked at 4.00pm. Our outdoor seating areas welcome well-behaved dogs.
- The ultimate Model Railway layout – Viewing Evening, every 3rd Tuesday of the Month, booking essential.

(Please note some activities are dependent on the availability of our volunteers and weather conditions)



Ulverscroft Manor

Priory Lane, Ulverscroft, Leicestershire, LE67 9PH

We are delighted to welcome pre-booked groups of elderly, disabled or socially isolated visitors for a full day at the Manor where they can enjoy an uplifting day out in the countryside, a delicious two course, home-cooked lunch, and an all-round home from home. Visitors are free to enjoy the gardens, walks and facilities on offer. The Foundation requests a suggested donation from each visitor to help cover the costs of their day. On occasions where transport is provided by the Foundation an additional donation is also requested.

How can we arrange a visit?

The Foundation's telephone booking diary opens in early January each year and dates Monday – Wednesday are allocated on a first come basis. The Manor can cater for up to 24 visitors. The Foundation's staff and volunteers are not trained carers and it is the responsibility of the organiser of the visiting group to ensure that they bring sufficient carers and a nominated first aider with them. For full details on booking a day visit to the Manor please telephone 01530 244914.

Health and Wellbeing Thursday's

Every week from 10.00am -3.00pm

Our FREE drop in Sessions offer the opportunity to socialise, try something new, have fun and reenergise your body and mind! Additional activities such as yoga and relaxation are available to book at a small additional charge. There are also a number of support groups that meet on a monthly basis.

Mobility Aid Loan Scheme

The Foundation holds a limited number of wheelchairs and which we loan to people in need.

Ulverscroft Activity Centre

Priory Lane, Ulverscroft, Leicestershire, LE67 9PH

Offering a wide range of regular and seasonal wellbeing activities; a timetable is available on request.

Current groups include:

- Singing Group
- Variety of Exercise Classes
- Crafting Workshops
- Book Club
- Art Sessions
- Social Groups

The Yew Trail

The Yew Trail and surrounding woodland provide an inspirational, magical environment where children of all ages, abilities and diverse ethnic and social backgrounds can explore, enjoy and experience the natural world through practical involvement.

The Yew Trail holds the Learning Outside the Classroom Quality Badge and this wonderful site offers a wide variety of activities that suit the learning needs and styles of a range of individuals. For full details please tel: 01530 244914 or email yewtrail@shuttlewood-clarke.org

The Yurt Creative Space

Situated deep within the woods at Ulverscroft Manor is the Yurt Creative Space. This tranquil setting, with disability access, is the ultimate rendezvous for relaxation therapy, creative thinking, team building and learning.

